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Learn How to Perform Namaz Sunni (Hanfi salat-prayer) Step By Step in English, Arabic Text with images guidance for kids male, female Muslims to make effort for understanding the meanings of recitation words in Namaz as it will help us to concentrate much better for getting benefits perfectly asthough we see Allah in front of us or he sees us standing in front of him because during Salat, Muslims meet their God directly 5 times a day so if we know what we are saying in Namaz, it willenable us to feel much more humble and talk tothe Master of Universeinmodesty. WuduAblution TayammumDry Ablution or Taharat. Learn Quran online with tajweed One Month Free Trial Quran Lessons for beginners, kid, adult on Skype. Make the intention of offering Namaz then raise hands to ears and say: Step 1: Say Takbeer-e-Tahrima: Allah is the greatest! Subhaana Kal-lah hum-ma wabi hamdika watha-baara kasmuka wathaala jad-duka walaa ilaaha ghayruk. Glory be to you, O Allah, and all praises are due unto you, and blessed is your majesty and none is worthy of worship but you. Step 2b: SayTaawwudh () & Tasmiyya ()Audhu bil-laahi minash Shaythaa-nir-rajeem I seek Allahs protection from Satan who is accursed. Bismillaah hir-Rahmaa nir-Raheem In the name of Allah, the most Kind and the most Merciful. Step 2c: Recite Surah Fatiha Alhamdul lil-laahi rab-bil aalameen Praise is only for Allah, Lord of the Universe. Ar rahmaa nir-raheem The most Kind, the most Merciful. Maaliki yawmid-deen The master of the Day of Judgement. Iyyaa-ka nabudu wa iyyaa-ka nabudu wa iyyaa-ka nabtaeen You alone we pray for help. Ihdinas siraatal mustageem Show us the straight way. Siraatal Ladheena anamta alayhim The way of those whom you have blessed. Ghay-ril maghdubi alayhim Who have not deserved your anger. Walad daal-leen. Ameen Nor gone astray. Note: We can read any Surah Faatiha above, as long as it is a minimum of 3 verses or one long verse. The following is a short and popular Surah Al Ikhlas:Step2d: Read Surah Al Ikh ahad. There is no one equal to Him. Say Allahu Akbar before bowing for Ruku. in Ruku, say. this dua at least 3 times and maximum 7 times. Subhaana Rabbial Azeem Glory to my Lord the Exalted. Step 4: Then stand up straight while saying this dua. Sami Allahu Liman Hamidah Allah listens to him who praises HimRabbanaa lakal Hamd Oh our Lord, all praise is to you. Allahu Akbar Allah is the greatest! Step6: Perform the prostration (sajda, we say Allahu Akbar and in Sajda, we say this dau at least 3 times, maximum 7 times. Subhaana Rabbi yal Aalaa Step 7: Rise to a sitting position, while saying Allahu Akbar (). Prostrate again, saying Allahu Akbar (). The second prostration is exactly identical to the first one. And repeat again that dua during prostration at least 3 times maximum 7 times. Step 9: Rise up to proceed to the second rakaat is identical to the first one up till the second prostration, but without the Takbiratul Ihram.Step 10a: Perform the Tashahhud at the end of the second rakatAfter the second prostration, stay in a sitting position and recite the Tashahhud (also known as Athahiyyaatu) and then Was SalawaatuAthahiyyaatuLillahi Was SalawaatuAthahiyyaatu Xiina Xi Ayyuhannabi yu Warahmatullaahi Wabarkatuhu Peace be upon you, Oh Prophet, and Allahs mercy and blessings. Assalamu Alaina WaalaaIbaadillaahis Saaliheen, Peace be on us and on all righteous slaves of Allah. Ashhadu Alna Muhammadun Abduhu Wa Rasooluh And I bear witness that Muhammad is His slave and MessengerStep 10b: Recite Durood Ibrahim in Tashahhudwhen you are inlast rakat then say Durude Ibrahim (durood shareef, darood pak) after reciting AthahiyyaatuLillahiWas Salawaatu whether you have performed 2 rakat, 3 rakat or 4 rakat of any farz, sunnat, nafal namaz (salat, prayer, salah). First part of Duroode -e- Ibrahim Allaa Huhammad (PBUH) and On the family and true followers of Muhammad (PBUH). Kama Sallaiyta Alaa Ibraheema Wa Alaa Aale Ibraheema just as you sent Grace and Honour on Ibrahim (a.s) and on the family and true followers of Ibrahim(a.s). Innaka Hameedum Majeed Surely, you are praiseworthy, the Great. Second part of Duroode -e- IbrahimAllaahumma Baarak Alaa Muhammadin Wa Alaa Aale Wa Aalaa Aale Muhammadin Wa Alaa Aale Wa Aalaa Aale Wa Ibraheema as you sent blessings on Ibrahim(a.s). Innaka Hameedum Majeed Surely, you are praiseworthy, the Great. Step 10c: Duaa after DUROOD IBRAHIMAfter durood-e- Ibrahim, we can read any Quranic Duaa such as:1st Duaa: Rabbijalnee muqeemas salaati wa mindhur-riy yatee Oh Lord, make me and my children keep up prayers.rab-banaa watha qab-bal dua, Our Lord, accept our prayer,rab-ba nagh-firlee wali waaliday-ya Our Lord, forgive me and my parentswa lil mu-mineena yawma yaqumul hisaab. and all the Believers on the Day of Judgement.2nd Duaa:Rabbana Aatina Fid Duniya Hasanataw Wafil Aakhirati HasanatawOur Lord, grant us the good of this world and that of the HereafterWa Qina Adhaaban Naar. and save us from the torture of hell.3rdDuaa:allahumma inni audzubika min adzabil qabriALLAAHUMMA INNII AUUZUBIKA MIN FITNATIL MAHYAA, WA FITNATIL MAMAATI ALLAAHUMMA INNII AUUZUBIKA MINAL MAGHRAM.4thDuaa: Allahumma inni zalamtu nafsi zulman kathiran O Allah, I have greatly wronged myselfwa la yaghfirudh dhunuuba illa anta and You alone can forgive sins, faghfir li maghfiratan min indika warhamni so grant me forgiveness from you and have mercy on me.innaka antal ghafurur rahim. You are the forgiving and Merciful One. Step 11: Say Salam two timesAfter reading all masnoon duaa when you want to finish your namaz then say: Assalamu AlaikumWarahmatullaah by looking at right shoulder and then then say agian by looking on left shoulder. Assalamu AlaikumWarahmatullaah Peace and mercy of Allah be on you. Step 12: Say Allahu Akbar and astaghfirullah. Itime then 3 times Astaghfirullah. Note: Namaz is completed after performing 12 steps in order then you can read Islamic Duaas which our Beloved Holy Prophet (PBUH) used to read everyday after each Salat. Dua qunoot to be recited in the last rakat of the Witr Prayer of Isha Salah( namaz, salat)Dua al-QunootTransliteration:Allah humma inna nasteenuka wa natawak-kalu alayka wa nuthne alayk-al khayr. Wa nashkuruka wa natruku man-y yafjuruka. Allah humma iyyaka nabudu wa laka nusal-lee wa nasjudu wa ilayka nasa wa nahfidu wa narju rahmataka wa nakhsha azabaka inna azabaka inna azabaka bil kuf-fari mulhiq.Dua al-QunootTranslation:Oh Allah, we ask you for help and seek your forgiveness, and we forsake and turn away from the one who disobeys you. O Allah, we worship You only and pray to You and prostrate ourselves before You, and we fear your punishment. Surely, the disbelievers will receive your mercy, and we fear your punishment. Surely, the disbelievers will receive your mercy, and we fear your punishment. Surely, the disbelievers will receive your mercy, and we fear your punishment. Surely, the disbelievers will receive your mercy, and we fear your punishment. mahdinee feeman hadayta, Wa afinee feeman afayta, wata wal-lane feeman afa English:Oh Allah, make me among those whom You have guided, and make me among those whom You have given me, and protect me from the evil which you have decreed; verily, You decide the things and nobody can decide against You; and none whom You have committed to Your care shall be humiliated and none whom You have taken as an enemy shall taste glory. You are blessed, our Lord, and Exalted, we ask for Your forgiveness and turn to You. Peace and mercy of Allah be upon the Prophet. Namaz, also known as Salah, is the most important part of the Muslim faith. Its a beautiful way of communicating with Allah, a daily rhythm that weaves mindfulness and gratitude into the fabric of human beings. Tolearn Namaz quicklyone can face challenges, especially beginners. But worry not, dear friend, for this guide will be your companion on this sacred journey. Moreover, well take things step-by-step, ensuring you grasp the essence of Namaz learning for beginners with clarity and confidence. After reading this blog, you can offer your Namaz is not merely a set of physical postures. Its a conversation with your Creator, a heartfelt expression of submission and thankfulness. You have to approach it with sincerity and an open heart. Secondly, Wudu is important for Namaz. Prepare your body and mind with Wudu, a cleansing ritual. Start by saying Bismillah (In the name of God). Wash your hands three times, then rinse your mouth and nose. Now, wash your face three times, from forehead to chin and ear to ear. Remember your arms and elbows, washing them up to three times each, including between your toes. Finish with a prayer of gratitude, and youre ready to stand tall in Namaz! Now, lets delve into the meatry. Namaz comprises five fundamental postures, known as Rakahs (Namaz ke arkan). As you perform them, focus on the meaning behind each movement, allowing your heart to sync with your body. Before Namaz start, set your intention. Silently declare in your heart that you are standing before your feet shoulder-width (direction of the Kaaba in Mecca). Imagine yourself standing before the Divine Presence, radiating respect and humility. Keep your feet shoulder-width apart, head held high, and gaze focused on the spot ahead. Raise your hands with fingertips pointing towards the sky, and say Allahu Akbar (God is Great). Let these words resonate, signifying your submission to your Creator Almighty Allahu. Keeping your back straight and parallel to the ground, bend forward from your waist. Place your hands on your knees, keeping your fingers spread apart. Feel your humility as you bow before the One who deserves all worship. Place your forehead, nose, and palms on the ground. Close your eyes and surrender completely to the Divine Presence. In this posture, whisper words of praise and supplication. Sit back on your heels with your toes flat on the ground. Place your hands on your thighs, palms resting downwards. This is a moment of reflection, where you contemplate the meaning of your prayer. Raise your right index finger while saying Ashhadu allaa ilaha illaha wa ashhadu anna Muhammadar Rasulullah (Peace and blessings of Allah be upon you). Imagine sending greetings to the Prophet Muhammad (PBUH) and all believers before and after him. Turn your head to the left. Now raise your hands for the Dua; this signifies the conclusion of your Namaz and your return to the earthly realm. Salah, also known as Namaz, is the second pillar of Islam and a core act of worship that every Muslim must perform daily. It is an act that establishes a deep connection between the worshiper and Allah Almighty (SWT). Namaz (Salah) allows us to communicate directly with our Creator. For beginners, learning how to pray Namaz might feel overwhelming, but with the right guidance, it becomes an easy and fulfilling practice. Below is a simple guide designed to help beginners understand and perform Salah correctly. Learn about the Five Pillars of Islam, essential Duas, Salah (namaz), the Seerat of Prophet Muhammad (PBUH) and more in our Islamic Studies course. Enroll now for a free trial! Salah is the obligatory prayer that every Muslim is required to perform five times a day. It is a physical, mental, and spiritual act of worship. Muslims pray Salah to fulfill the commandment of Allah (SWT), seek His mercy, and maintain a constant connection with Him throughout the day. Salah is more than just recitation and movements; it is an act of complete submission to Allah Almighty (SWT), demonstrating our devotion, gratitude, and humility. Muslims believe that Salah serves as a way to purify the soul, discipline the heart, and provide spiritual comfort. It helps them to seek guidance, mercy, and forgiveness from Allah (SWT) and is essentially comfort. for building a close relationship with Him. There are different types of Salah that a Muslim may perform: This includes the five daily prayer) Asr (afternoon prayer) Maghrib (sunset prayer) Isha (night prayer) Sunnah (Voluntary Salah): Prayers that the Prophet Muhammad (PBUH) used to offer regularly in addition to the obligatory prayers that can be offered at any time of the day. Although not required, they bring additional blessings and serve as a way to increase closeness to Allah SWT. This prayer is performed after Isha and is highly recommended. It is prayed in an odd number of rakats (units), typically one, three, or five. These are extra prayers performed at night during the month of Ramadan. They are offered in congregation and are highly rewarding. Before offering Salah or Namaz, make sure you meet the following conditions: Purity: Ensure that you have performed Wudu or, if necessary, Ghusl (full-body purification). Clean Clothing and Space: Your clothes, body, and the place where you intend to pray should be free from any impurities (najasa). Facing the Qiblah: Face the direction of the Kaaba in Makkah. You can use a Qiblah compass or app to find the direction. Intention (Niyyah): Make the intention in your heart to pray a specific Salah. Start learning the Holy Quran with a free five-day trial of the Noorani Qaida course. Register now! Before offering Salah, a Muslim must be in a state of purity. This is achieved through Wudu, or ablution. Below is a step-by-step guide on how to make Wudu: Niyyah (Intention): Make the intention in your heart to perform Wudu for the sake of purifying yourself for worship. Start with Bismillah: Begin Wudu by saying Bismillah (In the name of Allah). Wash Hands: Wash your hands up to the wrists three times, ensuring that water reaches between the fingers. Rinse Mouth: Rinse your mouth three times, swirling the water inside. Rinse Nose: Inhale water into your nostrils three times and blow it out. Wash Face: Wash your entire face from the forehead to the chin and from ear to ear three times and wipe your hands and wipe your head from the forehead to the back and back to the front, once. Clean Ears: Wipe the inside and outside of both ears once. Wash Feet: Wash your feet up to the ankles three times, beginning with the right foot, ensuring that water reaches between the toes. Complete with Shahada: After completing Wudu, say the following: Ashhadu alla ilaha illallah wa ashhadu anna Muhammadan abduhu wa rasooluh (I bear witness that Muhammad is His servant and messenger). Takbir al-Ihram: Stand upright facing the Qiblah. Raise both hands to your ears and say Allahu Akbar (Allah is the Greatest) to start the prayer. Qiyam (Standing): In this position, recite Surah Al-Fatiha followed by any other surah or verses from the Quran. Ruku (Bowing): Bend at the waist with your hands on your knees and say Subhana Rabbiyal Azeem (Glory be to my Lord, the Most Great) three times. Itidal (Standing Upright): Stand back up and say Subhana Rabbiyal Azeem (Glory be to my Lord, the Most Great) three times. Itidal (Standing Upright): Stand back up and say Subhana Rabbiyal Azeem (Glory be to my Lord, the Most Great) three times. who praise Him), followed by Rabbana lakal hamd (Our Lord, to You belongs all praise). Sujud (Prostration): Go into prostration briefly before going back into Sujud a second time. Tashahhud (Sitting and Reciting): After the last Sujud, sit and recite the Tashahhud followed by the Salawat (sending peace upon the Prophet Muhammad, PBUH). Tasleem (Ending Salah): End the prayer by turning your head to the right and saying Assalamu Alaikum wa Rahmatullah, and then to the left. Learn: How to Pray Salah for Men Read: How to Pray Salah for Women For Salah to be valid, several conditions must be met: Purity: You must be in a state of Wudu or Ghusl. Proper Timing: Salah must be performed within its designated time. Covering the Awrah: Men and women must cover specific parts of the body during prayer. Facing the Qiblah: Salah must be performed while facing the Kaaba. Intention (Niyyah): A sincere intention must be made before starting Salah. The essential pillars of Salah include: Takbir al-Ihram Recitation of Al-Fatiha Ruku Sujud Tashahhud TasleemNeglecting the correct posture in Ruku or Sujud: Ensure that each position is performed properly with the body at rest. Rushing through the prayer: Take your time and reflect on the meanings of the words youre reciting. Not focusing on the prayer: Salah should be performed with full concentration and humility. Incorrect pronunciation of the recitations: Ensure that youre pronouncing the words of the prayer correctly. By understanding and applying these principles, beginners can quickly master the prayer and perform it with sincerity and devotion. Our online Quran school provides comprehensive courses ranging from beginner to advanced levels, covering Quran recitation, Tajweed, and Tafseer. As a foundation, we offer a complimentary Noorani Qaida course, designed to prepare students for further studies including Quran reading, Tajweed mastery, and Quran memorization. Sign up for a free trial! Welcome to the second guide on our website, the Beginners Guide on How to Pray Salah! We hope you will find value in reading this guide. It covers the second most important pillar of Islam which is the prayer (salah). You can read it at anytime, at your own convenience. Send me the PDFIslam is the fastest growing religion with over 1.9 billion followers all over the globe. All Muslims are taught within the religion to worship God Almighty through salah (daily prayers). Muslims are taught within the religion to worship Allah alone. This purpose is fulfilled through the daily salah. This guide will cover many of the essentials a Muslim needs to know in order to make their daily prayers: Why do we pray in the first place? How do I make wudu and prepare for salah? How do I actually prayer, how do I fix it and continue? Plus many other topics and lessons for you to learnThats why we divided this Beginners Guide into seven chapters which represent the most important areas of the prayer, and many more subjects. Secondly, all of the verses from the Holy Quran and the narrations from Prophet Muhammad (peace be upon him) are written in English instead of Arabic, their original language. That means any verses or quotes you see within this guide are only interpretations of the meaning and not the exact word-for-word definition. Weve also included audio clips, images, and short videos to help explain how the prayer is performed, so you can follow along and learn at your own pace. That ends our short introduction. Lets get started! Sins take you away from Allah. On the other hand, the 5 daily salah bring you closer to HimTweet ThisWhether you have recently accepted Islam or have been a Muslim for many years, we designed this guide just for you. All of the lessons are designed to help anyone who wants to learn how to pray salah. What is the purpose behind praying multiple times every day? What is the reward for performing worship? And what exactly does salah even mean? Take me to Chapter 1 Before a person can begin to pray they must perform something known as wudu. Find out how to perform wudu correctly so you can stand ready to pray to Allah. Take me to Chapter 3The salah has multiple movements which include standing, bowing, prostrating, sitting, and reciting specific words. Learn how to pray salah just like how the Prophet (peace be upon him) taught us. Take me to Chapter 4Fajr, Dhur, Asr, Maghrib, and Isha. Five different prayers at five different times of the day. How do these prayers differ from one another, and how is each one supposed to be performed? Take me to Chapter 5You made your wudu and youre ready to start praying. But did you know that if you forget a few important conditions, your prayers are accepted by Allah. Take me to Chapter 6Were all human, so its inevatable that well make mistakes. Learn about the common mistakes many Muslims make in their prayer and what you can do to fix them. Take me to Chapter 7 Take me to Chapter 1 What is Salah and Why Do We Pray? Namaz, also known as Salah, is the most important part of the Muslim faith. It's a beautiful way of communicating with Allah, a daily rhythm that weaves mindfulness and gratitude into the fabric of human beings. To learn Namaz quickly one can face challenges, especially beginners. But worry not, dear friend, for this guide will be your companion on this sacred journey. Moreover, we'll take things step-by-step, ensuring you grasp the essence of Namaz learning for beginners with clarity and confidence. After reading this blog, you can offer your Namaz regularly and won't need any other guide. Firstly, understand that Namaz is not merely a set of physical postures. It's a conversation with your Creator, a heartfelt expression of submission and thankfulness. You have to approach it with sincerity and an open heart. Secondly, Wudu is important for Namaz. Wudu purifies your soul and body, preparing you for your encounter with the Almighty. Before connecting with your Creator in Namaz:Prepare your body and mind with Wudu, a cleansing ritual.Start by saying "Bismillah" (In the name of God). Wash your hands three times, then rinse your mouth and nose. Now, wash your face three times, from forehead to chin and ear to ear. Remember your arms and elbows, washing them up to three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including between your feet up to the ankles three times each, including the ankles three times each three times the heart of the matter, Namaz:Each Namaz comprises five fundamental postures, known as Rakahs (Namaz ke arkan). As you perform them, focus on the meaning behind each movement, allowing your heart to sync with your body. Before Namaz start, set your intention. Silently declare in your heart that you are standing before your Allah, ready to offer your prayers. This simple act sets the tone for your spiritual connection. Stand tall, facing the Qibla (direction of the Kaaba in Mecca). Imagine yourself standing before the Divine Presence, radiating respect and humility. Keep your feet shoulder-width apart, head held high, and gaze focused on the spot ahead. Raise your hands with fingertips pointing towards the sky, and say "Allahu Akbar" (God is Great). Let these words resonate, signifying your submission to your Knees, keeping your fingers spread apart. Feel your humility as you bow before the One who deserves all worship. Place your forehead, nose, and palms on the ground, keeping your forearms slightly to the Divine Presence. In this posture, whisper words of praise and supplication. Sit back on your heels with your toes flat on the ground. Place your hands on your thighs, palms resting downwards. This is a moment of reflection, where you contemplate the meaning of your prayer. Raise your right index finger while saying "Ashhadu allaa ilaha illallah wa ashhadu anna Muhammadar Rasulullah" (Peace and blessings of Allah be upon you). Imagine sending greetings to the Prophet Muhammadar Rasulullah wa ashhadu anna Muhammadar Rasulullah" (Peace and blessings of Allah be upon you). Imagine sending greetings to the Prophet Muhammadar Rasulullah wa ashhadu anna Muhammadar (PBUH) and all believers before and after him. Turn your head to the right and say "As-salamu alaykum wa rahmatullahi" again. Then, repeat it while turning your head to the left. Now raise your head to the left. then here are some tips to help you. Begin with the Fajr (dawn) prayer, which consists of two Rakahs. Gradually increase the number of Rakats as you become more comfortable Seek guidance from a knowledgeable imam or mentor who can answer your questions and correct your mistakes. If finding a teacher is hard, here is a Namaz learning for beginners course. In this, you can ask all your queries related to Namaz to your teacher, and he will correct all your mistakes. Take your time with memorizing Arabic phrases. Understand the essence of each verse and supplication you recite. Namaz learning for beginners takes time and practice. Be kind to yourself and celebrate your progress, no matter how small. Namaz is more than just ritual; its a profound journey towards devotion. As you learn Namaz, dont simply go through the motionsconnect with your heart, and let your prayer be a true expression of sincerity and love for your Creator. Remember, dear friend, learning Namaz is a beautiful part of your spiritual path. Embrace it with patience, sincerity, and a desire to grow closer to Allah. Your journey toward namaz learning for beginners is unique, so take it step-by-step. If you have questions or wish to learn more about Islam ke 5 arkan or the Quran, feel free to reach out to us on the official Awwal Quran website. Youve taken the first steps in learning Namaz, a truly amazing journey. But remember, this isnt just about checking boxes; its about finding peace in Allahs presence and making Namaz a cherished part of your day. Start slowly, celebrate your progress, and seek guidance when needed. As you continue on this journey, let each movement and recitation bring meaning and depth to your connection with Allah. Through namaz learning, youll unlock the hidden treasures of Islams beauty and purpose. So, keep going, dear friend! With each prayer, youll grow closer to Allah, enrich your soul, and embrace a way of life that brings clarity, joy, and spiritual growth. May this journey be filled with light and an ever-deepening connection with Allah, Furthermore, as you connect with your heart and embrace the meaning behind each movement, you'll discover the hidden treasures of Namaz. So, keep going, dear friend! With each prayer, you'll find yourself growing closer to Allah, enriching your soul, and unlocking a beautiful way of life. May your journey be filled with light, joy, and an ever-deepening connection with Allah. Make intention in your heart, and decide to pray the specific prayer. This is the first step in understanding how to start namaz. "Subhana Rabbiy-al-'Azeem"This translates to "Glory to my Lord, the Most Magnificent" and is usually repeated at least three times, though you can say it more. Teach your child to pray, when he becomes seven, and punish him for not obeying it from the age of ten"(at-Tirmizi No. 407). You command your child to perform Salah when they become seven years old, and after they become ten [for negligence], punish." (Abu Dawood No. 493).

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