

I'm not a robot











## World class coaching

Gary has a lot on his plate as a soccer coach, with three jobs under his belt. He's the coaching education manager at Premier League Tours, which organizes swanky VIP tours for big league games. On top of that, he coaches at Bishops Stortford Community Football Club and also works with the youth academy of Norwich City, where he looks after kids from U7s to U13s. We're thinking of making this a regular thing - interviewing coaches across different levels and backgrounds - but we need your help! Would you be interested in this? Who would you like us to chat with, and why? If you're a coach yourself, do you want to be interviewed? What questions should we ask, or what topics should we cover? Any feedback is welcome. Check the FAQs below if you've got a question, but if not, feel free to submit a support ticket! Having trouble accessing WCC Training Center or Video Library after logging in? The issue might be due to disabled cookies on your browser. 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Shipping times vary, usually taking 5-10 business days. We can't guarantee delivery dates due to US Postal Service limitations. However, we process and ship orders within 2-3 days of receiving them. Effective Coaching Qualities for World-Class Coaches World-class coaches possess a distinct set of qualities that distinguish them from others in the field. Engaging Training Sessions - They focus on making training sessions engaging and interactive, using challenging activities to capture attention and drive significant shifts in beliefs. Specific Approach - Exceptional coaches are specific in their coaching style, emphasizing the importance of addressing clients' problem areas directly and comprehensively. Thorough Preparation - Being well-prepared sets world-class coaches apart, as they meticulously plan each session, anticipate client challenges, and tailor detailed agendas for effective coaching outcomes. Realistic Expectations - World-class coaches understand the significance of setting realistic expectations for clients, inspiring them to take action while providing measurable results. Excellent Listening Skills - Possessing exceptional listening skills is a hallmark of top coaches, creating a strong rapport with clients and enabling effective understanding and solution delivery. Positive Reinforcement - They recognize the value of positive reinforcement, avoiding humiliation and instead using a positive approach that fosters long-term success and progress. Effective Teaching - Being an excellent teacher is crucial for coaches to convey their expertise effectively, ensuring clients can learn and apply key lessons for personal development. Adapting to Clients' Needs - World-class coaches understand different coaching client needs, adapting their approaches to individual personalities, attitudes, and response abilities for maximum effectiveness. Staying Current with Knowledge - Voracious reading habits set top coaches apart, providing them with a knowledge advantage that complements experiential learning and keeps them at the forefront of their field. Holistic Approach - Coaching the person, not just the problem, involves studying clients' behaviors and lives, allowing coaches to build trust, personalize coaching sessions, and motivate clients effectively. Clear Communication - Excellent communication skills are essential for coaches, enhancing the coaching process and strengthening the coach-client relationship. Continuous Improvement - Regularly challenging clients encourages continuous improvement and pushes them beyond mental, emotional, and physical barriers for extraordinary results. Open Mindset - Adopting a beginner's mind helps coaches understand and relate to clients, fostering a sense of ease and connection during coaching sessions. Skilled Questioning - Skillful questioning is a hallmark of world-class coaches, enabling them to delve deeper into clients' psyches, encourage self-discovery, and build confidence. Empathetic Understanding - Empathy allows top coaches to understand clients' thoughts and feelings, building trust and creating a supportive coaching environment. Consistency in Coaching Key characteristics of a successful coaching system include commitment to self-growth, continuous upskilling, efficient learning, giving space to clients, embracing diverse opinions, generating innovative ideas, and using self-assessment techniques like videotaping sessions. World-class coaches prioritize fun and engaging training experiences, incorporating interactive exercises that capture their audience's attention and drive meaningful change. Top-performing coaches are specific in their coaching style, asking targeted questions or providing tailored solutions that address clients' unique needs. They stay ahead of the competition by constantly learning from industry leaders, adapting to new ideas, and anticipating potential challenges. Effective communication is critical, as it enables them to build strong relationships with clients and deliver results that meet their expectations. In addition, exceptional coaches are well-versed in various situations, questions, and information that their clients may encounter, allowing them to provide insightful guidance and answer complex queries confidently. By embracing these qualities, aspiring coaches can develop the skills necessary to succeed in the industry and make a lasting impact on their clients' lives. The key to success lies in asking the right coaching questions to empower clients to break through barriers that average coaches often struggle with. world-class coaches have a distinct edge, as they are always prepared and equipped to tackle potential problems head-on, developing a robust plan for each session that outlines every detail, from agenda to expected outcomes. without a solid structure, coaching sessions can go off track, devolving into casual conversations lacking substance, which may deter paying clients. for instance, if a client has signed up for an 8-week program, a well-laid-out plan should be in place for each session to ensure they achieve their desired results by the end of the program. world-class coaches understand the importance of inspiring clients to take action and setting realistic expectations upfront. this serves as a reality check, helping clients stay focused on their goals. when i worked as a dating coach, we set clear expectations with our clients, stating that taking action would lead to a potential girlfriend by the end of the program. for effective coaching, it's essential to have exceptional listening skills, allowing clients to feel heard and understood. world-class coaches listen attentively, avoiding criticism or non-constructive feedback, instead using the client's perspective to deliver targeted solutions. another hallmark of world-class coaching is their positive and uplifting approach. they recognize that embarrassing or humiliating clients can be counterproductive, as it tears them down rather than driving results in the long term. Low self-esteem can stem from negative feedback in coaching sessions, causing clients to doubt their abilities and struggle to make progress. To excel as a coach, one must cultivate positivity and possess exceptional teaching skills. When I began my dating coaching business in Australia, I recognized the importance of effective instruction by bringing in a friend who excelled at connecting with women. He taught our students using our curriculum and infield drills, but despite his expertise, the students failed to replicate his results. Upon gathering feedback, I identified the issue as being rooted in his teaching style, which was too focused on his own strengths rather than drilling down key lessons for others to learn. This experience highlighted the need for coaches to develop exceptional teaching skills that go beyond basic Q&A sessions. World-class coaches understand that each client is unique and requires a personalized approach, taking into account their attitude, personality, response-ability, and other behavioral attributes. They adapt their coaching sessions by understanding minute details about each client, producing desirable results. The key differentiator between world-class and average coaches is their commitment to reading and experiential learning. By striking a balance between these two approaches, world-class coaches gain an unfair advantage, allowing them to become exceptional teachers and achieve maximum coaching effectiveness. Newbie coaches often haven't experienced certain milestones in their careers yet. To grow and compete with top coaches, reading at least four books per month on your niche is essential. This can be done by checking out some recommended coaching books, such as "Transforming Your Life", "My Losing Season", and "Prosperous Coach". World-class coaches understand that their clients' personal lives impact their coaching sessions. They take an interest in studying how clients behave and operate daily, which helps them identify weak spots. These coaches also ask the right questions, leading to clients feeling more motivated to work with them. Effective communication is key; top coaches continually focus on improving this skill. They engage in two-way communication channels that allow for the best coaching sessions. Ideal communication involves active listening and speaking. Top coaches push their clients to improve, challenge norms, and inspire growth by breaking mental, emotional, and physical barriers. They adopt a "beginner's mind" approach, stepping out of expert mode to understand what it feels like to be a beginner. This makes clients feel more at ease with their coach, as they've experienced the same hurdles and successes that clients face. Great coaches are skilled at asking questions to achieve desired outcomes. To unlock your clients' full potential, it's crucial to ask the right questions that delve into their psyche. Well-crafted queries enable them to find their own answers, fostering self-confidence and trust in their ability to resolve issues. When they can't, you can guide them with sample questions to reach a conclusion. Top-performing coaches embody empathy, understanding their clients' thoughts, emotions, and feelings, creating a safe space for trust and connection. Consistency is key; world-class coaches maintain consistency in their efforts, adhering to an excellent coaching model comprising standards, monitoring, analysis, and feedback. To excel, you must be at the pinnacle of your own abilities, both physically, emotionally, mentally, and spiritually. By being the best version of yourself, you'll inspire others and stand out as a credible coach. Coaching demands ongoing self-improvement through upskilling and learning new techniques. You should continually invest time in training to provide cutting-edge ideas for your clients, staying relevant in the industry and committed to their growth. Invest your time, money, and resources in personal growth by taking workshops, learning new material, and staying up-to-date with the latest courses and technologies. Everyone has access to information due to the democratization of the internet, so where do you get a competitive edge? Focus on increasing your speed of progress and making efficient use of your time, like buying new courses monthly or reading books related to your coaching practice. The days when learning required a lot of time are over; now, with easy access to the internet, everyone can learn new information, technologies, and skills. However, this means that what you know, others may also know. To build a competitive edge in your target market, invest time and energy in learning from specialists, finding shortcuts, or getting training unique to your Coaching Skills. Your speed of learning new skills as a coach can have a significant impact on your success. A high-performance rugby coach with an outstanding record spent one month improving his skills each year by traveling the world to learn from other coaches in different sports and countries. A great quality of top-performing coaches is knowing when to give space to clients and when to assist them in achieving results. They also master customizing coaching according to individual needs, recognizing what works with different personalities, and letting go of control when necessary. The end goal should be making your clients look up to you as a source of guidance and strength. Top leaders are very encouraging, open to other people's ideas, and welcoming of constructive criticism. As a coach, being willing to learn from others, displaying humility, and expecting to be proven wrong once in a while is crucial. Managing this approach adds value to your coaching clients by making them feel their opinion is considered and appreciated. Being a high-performing coach is all about continuous learning and improvement. Many top coaches maintain a journal or notebook where they write down new ideas and implement them daily, which helps them stay ahead of the curve. The key to their success lies in embracing a culture of ideation and experimentation, constantly seeking ways to refine their coaching techniques and technologies. To accelerate your growth as a coach, it's essential to stay curious and keep testing new ideas. This can be achieved by observing yourself in various situations, such as video recordings or mirror checks. Noting areas for improvement, like body language or communication skills, is crucial in becoming a more effective coach. Even top athletes and sports professionals do this to enhance their performance. Developing good habits is vital to achieving success. This includes maintaining a positive attitude, having faith in your abilities and the process, being patient, focused, and persistent. It's also necessary to minimize distractions and avoid bad habits that may hinder progress. Study the habits of successful individuals, including coaches, and transform negative habits into productive ones. This can be achieved through resources like articles, podcasts, or membership programs that offer valuable insights and tools for improvement. Looking to elevate your soccer training with exclusive content? Our Elite Membership boasts an impressive library of over 600 training videos, updated weekly. Plus, new book releases are added as part of the membership, offering a 50% discount on existing titles. World-class coaching is more than just our current offerings; we're continually refining and expanding our features to provide unparalleled value. With ambitious growth plans, our catalog will continue to expand with new videos, articles, and easier access. As we progress, prices may increase, but once you join, your membership fee will remain the same. Join now and soon you'll be utilizing a cutting-edge soccer coaching platform at a fraction of the cost others pay. Our benefits include: - Weekly drills and exercise articles - Weekly conditioning and goalkeeping articles - Weekly advanced players articles - Weekly systems of play articles - 7,000+ archived member drills database - Members-only Facebook group - New weekly coaching videos - All new books included for free